

# MAGNUSON COMMUNITY CENTER

In The Sand Point Historic District

at

**Warren G. Magnuson Park**

7110 62<sup>nd</sup> Avenue NE Seattle, WA 98115

Ph. 684-7026

## WINTER 2006



*A view from Magnuson Park*

Visit us online at [www.seattle.gov/parks](http://www.seattle.gov/parks)

### PROGRAMS OFFERED BY SEATTLE PARKS AND RECREATION

And Our Friends...Sail Sand Point, Gymboree, Seattle Raft & Kayak, CrossFit North, Plant Amnesty, Cascade Bicycle Club, Cycle University, Canine Behavior Center, Arena Sports, Circus Contraption, GreenStage, Thistle Theatre, Civic Light Opera, Northwest Crafts Alliance, YMCA

# CENTER INFORMATION

## Hours of office operation

Tuesday through Thursday 1:00pm-9:00pm  
Friday 10:00am-9:00pm  
Saturday 10:00am-5:00pm  
Sunday and Monday Closed

## Holiday closures

December 26 (Christmas)  
January 2 (New Years' Day)  
January 16 (Martin Luther King, Jr.)  
February 20 (Presidents' Day)

## Program Registration

Mail-in registration begins Tuesday, December 13  
Walk-in registration begins Tuesday, December 20

## Program dates

Starts January 1, 2006

## You can make a difference!

The Magnuson Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds. Our Advisory Council is always looking for new members. Meetings are held on the third Wednesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff. Most classes, workshops, sports and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

## Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

## E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks). You can find this brochure information online.

## Magnuson Community Center

### Recreation/Professional Staff

Ken Bounds, Superintendent  
Christopher Williams, Operations Director  
Maureen O'Neill, North Recreation Manager  
Tom Ostrom, North Senior Recreation Coordinator  
Karla Withrow, Center Coordinator  
Marc Hoffman, Recreation Leader  
Jolenta Coleman, Teen Development Leader  
Jayla McGill, Senior Adult Recreation Specialist  
Joanna Li, Recreation Attendant  
Tim Barr, Recreation Attendant  
Blanka Jindrich, Building Monitor  
Chuck Mills, Building Monitor  
Amanuel Haillom, Building Maintenance  
Frank West, Building Maintenance

## Magnuson Park Staff

Charles Ng, Manager  
Mary Alderete, Adm. Staff Analyst  
Dan Iverson, Special Events Coordinator  
Isabel Hamilton, Tenant Development Coordinator  
Chato Pierides, Administrative Specialist  
Don La France, Grounds & Maintenance Supervisor  
Rita Hollomon, Contracts & Concessions Coordinator  
Suzanne Simmons, Grants & Contracts Coordinator

## CHECK IT OUT!

**PING PONG, FOOSBALL, BOARD GAMES, and SPORTS EQUIPMENT** (basketball, tennis, soccer, football, and pickleball) are all available to check out at Magnuson Community Center.



## RACQUETBALL COURT

Come check out our racquetball court! It's the only public one around! Cost to use the court and equipment is \$5.00 per hour or \$8.00/1.5 hours. Drop-in or reserve the court in advance. Reservations may be made one week in advance.

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# SPECIAL EVENTS

## COMMUNITY CENTER SPECIAL EVENTS

### HOLIDAY FAMILY CRAFT EXTRAVAGANZA

Friday, December 9 7:00pm-9:00pm  
At Magnuson Community Center  
\$15.00 per immediate family/  
\$10.00 per person if you register by 12/2  
(\$17.00/\$12.00 after 12/2)

Get ready for the holidays with our fun family craft extravaganza! Make a live wreath from a variety of greens gathered at Magnuson Park, also mini gingerbread houses, and ornaments. Keep yourself or give as gifts! Also enjoy cookie decorating, refreshments and music. Please register at the Community Center by 12/2.



### SEATTLE CIVIC CHRISTMAS SHIP AT MAGNUSON BEACH

*Con Brio Women's Choir (ship's choir)*  
*Luminaries, Bonfire, Refreshments, and Live Music*  
*by Emerald City Jazz Ensemble*

Tuesday, December 20 8:50pm-9:10pm Free  
Join other neighborhood residents at our holiday special event at Magnuson Beach. See the Christmas Ship with all its lights and listen to the ship's choir. While waiting for the ship to arrive, spectators will be treated to luminaries along the Promenade, refreshments, live music, and a bonfire (weather permitting), compliments of your Seattle Parks Department-Laurelhurst C.C., Ravenna-Eckstein C.C., Magnuson C.C. and Magnuson Park Grounds Crew.

## CHINESE NEW YEAR

Featuring

**The Mak Fai Kung Fu Club**  
**Chinese Lion Dancers!**

**Friday, January 27 7:30pm-9:30pm**  
**At HANGAR 30 WORKSHOP**

**\$10.00 per immediate family/\$5.00 per person**

Come celebrate The Year of the Dog! Join Magnuson Community Center and enjoy music, storytelling, jasmine tea and special New Year's treats from China, make some traditional Chinese crafts, and win prizes in playing fun games such as the Chopstick Challenge or Chinese Checkers Tournament. Top it all off with an authentic Chinese Lion Dance performance! You don't want to miss this one!



### BINGO BONANZA

Friday 7:15pm-8:30pm (all ages)  
December 16 (Garden Room at The Brig), January 13, February 17, March 17 Donations

**Location: Magnuson C.C./Windermere Room**

Join us for an evening of family fun! Play Blackout, Border, 4 Corner, Straight Bingo, and more!

## Classic Movies on the Big Screen at Magnuson!

Come to our big screen theatre and see classic movies the way they were intended to be seen!

**FREE ADMISSION!**

**REFRESHMENTS FOR SALE!**



**Wed 12/14 7:00pm**

**Duck Soup** (1933) See this hilarious Marx Brothers satire on the big screen in glorious black and white.

**Sat 12/17 11:00am**

**Snow White and the Seven Dwarfs** (1937) Another Disney classic!

**Sat 12/17 1:30pm**

**The Absent Minded Professor** (1961) One of Disney's most entertaining ventures into live action.

**Tue 2/14 7:00pm "VALENTINE'S DAY" DATE NIGHT**

**The African Queen** (1951) One of those movies that has it all: adventure, humor, romance, and the only pairing of two of classic Hollywood's most legendary stars, Katharine Hepburn and Humphrey Bogart.

On this special night of romance, we are offering childcare for children (ages 4-10) during the movie for \$10 per child. Space is limited so call now to reserve a spot for your child!

**Tue 2/21 7:00pm**

**It Happened One Night** (1934) Classic romantic comedy and winner of the top five Oscars in 1934.

**Wed 2/22 7:00pm**

**High Noon** (1952) Possibly the all-time best Western film ever made.

**Fri 2/24 12:00pm "MATINEE SPECIAL"**

**Gone With the Wind** (1939) What more can we say? A true American classic.

**Fri 2/24 5:00pm**

**E.T. The Extra-Terrestrial** (1982) Steven Spielberg's much loved and successful family classic.

**Fri 2/24 7:00pm**

**Singin' in the Rain** (1952) A classic musical starring the legendary Gene Kelly.

**Tue 4/4 1:00pm "MATINEE SPECIAL"**

**Sunset Boulevard** (1950) A hack screenwriter writes a screenplay for a former silent-film star who has faded into Hollywood obscurity.

**Tue 4/4 5:00pm**

**Classic TV Shows!!!** (1950-1960's) Several classic TV shows from the Golden Age of Television.

**Tue 4/4 7:00pm**

**The Thin Man** (1934) Comedy-mystery featuring Nick and Nora Charles: a former detective and his rich, playful wife. They solve a murder case mostly for the fun of it.

# SPECIAL EVENTS

## WINTER BREAK MOVIES!

*The First "Star Wars" Trilogy*

*It's what started it all!*

Tue 12/20 1:30pm Star Wars (1977)  
Wed 12/21 1:30pm The Empire Strikes Back (1980)  
Thu 12/22 1:30pm Return of the Jedi (1983)

*Free Admission! Refreshments for sale*

## KIDS MOVIE MARATHON

*COMING SPRING BREAK!*

**TUESDAY, APRIL 11**

*Watch one or all four movies on the big screen in the Magnuson C.C. Auditorium! Titles to be announced by 4/1.*

## St. Patrick's Day

### LUCKY LEPRECHAUN HUNT

(ages 6-10)

Friday 4:30pm-5:00pm

March 17

*Location: Magnuson C.C./Gym*

Drop in; hunt for special gold coins and win candy and prizes!

Free



## "BUNNY HOP"

### FUN RUN

### 1 & 2 Mile

Saturday, April 8

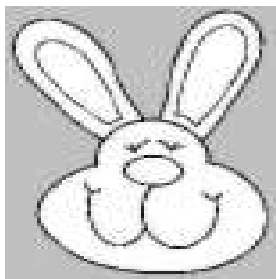
10:00am

At Magnuson Park

Ages 6-13

Race Fee: \$15.00

Join us for our second annual Bunny Hop 1 & 2 Mile Fun Run for Kids at Magnuson Park. Start area is near the water between the swim beach and boat ramp. Race check in begins at 9:00am. Prizes will be given to top runners. All participants get a finisher ribbon, chocolate bunny, and a t-shirt. Refreshments provided after the race. Run registration forms available at Magnuson Community Center



## COMING SOON TO MAGNUSON PARK!!!

SPRING BREAK

## KIDS CARNIVAL

Sponsored by YMCA & MAGNUSON COMMUNITY CENTER

**WEDNESDAY, APRIL 12**

**Hangar 30**

MID-WINTER BREAK

# SHOWTIME

## AT MAGNUSON!

**Wednesday, February 22**

**10:30am-3:30pm**

At Magnuson Community Center Auditorium

**\$5.00 admission**

*5 Bucks...5 Hours!!*

*Tickets available at the door or purchase in advance at the Community Center. Group rates available but must call in advance.*

**Live Quality Entertainment for Kids!**

**All ages welcome!**

**10:30am**

### MARIO LORENZ SHOW

*Comedy, Mime, Juggling, Magic, Music, All Around Variety Guy and Your Emcee for the Day!*

**11:30pm**

### ROBERTO THE MAGNIFICENT!

*Comedy Juggling and Crazy, Crazy Stunts with Flaming Torches, Razor Sharp Knives, and Other Amazing Things!*

12:00pm-1:30pm Barbecue

Barbecue \$2.00...hot dog, chips & drink

**12:30pm**

### SCOTT PETERSEN, THE REPTILE MAN

(Gym Stage)

*Exotic Animals Up Close and Personal!*

**1:30pm**

### PROFESSOR BAMBOOZLE ILLUSIONARY ROAD SHOW

*World Class Illusion Show with Live Animals and Levitating Kids—Las Vegas Style!*

**2:30pm**

### KID STARS

*Featuring J. Woods, Rapper & the Shumba Youth Marimba Ensemble*

***It's back...***

***& it's bigger and better than ever!!!***



# SPECIAL EVENTS/PARK EVENTS

## SEATTLE AUDUBON FAMILY PROGRAM

AT Magnuson Community Center

### WASHINGTON RAPTORS!

(all ages)

Friday 7:00pm-8:30pm

Free

February 3

**Location:** Magnuson C. C./Windermere Room

**Register:** Magnuson C.C.

What makes a bird a raptor? How do they catch their prey? Discover the world of raptors by studying real bird specimens, identifying local species, and learn why many raptors have become endangered through fun hands-on activities. Come soar into the wonderful world of raptors!



## UP AND COMING MAGNUSON PARK SPECIAL EVENTS

Magnuson Park has a full calendar of diverse and exciting events throughout the year. Magnuson offers something for every taste; whether you're looking for adventure or just a really great bargain, you'll find it here.

**Dec. 7-11, Thistle Theatre presents Happy Holly Day.** Magnuson Community Center Auditorium. A classic puppet theater with a modern twist puts on performances for school groups at 10:30am and 12:30pm Wednesday-Friday, and for families on Friday @ 7:30pm and Saturday & Sunday @ 1:00pm. Visit: <http://www.thistletheatre.org/schedule.htm>

**Dec. 16, Cycle NW Film Fest.** This event is to promote bicycling in the Northwest and to raise money for cancer research. Magnuson Community Center Auditorium. For more information, contact Tim@computrainer.com

**Jan. 1, Resolution 5K Run/Walk.** Hangar 27 & Magnuson Race Course. This 5k fun run is to raise funds for Club Northwest Track Clubs. For more information, contact [info@promotionevents.com](mailto:info@promotionevents.com)

**Jan. 7, Super Jock & Jill/New Balance Winter Grand Prix 5K Run/Walk.** Magnuson Race Course. This 5k fun run is to raise funds for Federal Way Youth Track Club. For more information, contact [superjocknjill@qwest.net](mailto:superjocknjill@qwest.net)

**Jan. 9 or 10, Eid-al-Adha.** Hangar 27. Sponsored by the Islamic Center of Washington. Seattle area Moslems will gather to commemorate the trials of Abraham with the Eid-al-Adha (Festival of Sacrifice) which coincides with the end of the Hajj. For more information, call the Idris Mosque at 206.363-3013.

**Jan. 20-Feb. 5, Civic Light Opera presents Nunsense II, The Second Coming.** Fridays-Saturdays @ 8:00pm and Sundays @ 2:00pm at the Magnuson Community Center Auditorium. For more information, go to <http://www.thinkmilestones.com/clo/>

**Feb. 5, Eros Antique Markets.** Hangar 30. Great news for people who collect! It's all here; antiques, arts & crafts, collectibles & one-of-a-kind merchandise from up to 250 vendors. Interested in being a vendor? Contact [Dennis\\_Eros@excite.com](mailto:Dennis_Eros@excite.com)

**Feb. 10-12, Art Haven presents 'I Pagliacci'** Magnuson Community Center Auditorium. A full length theatric production of 'I Pagliacci'. For more information, contact power4art@yahoo.com

**Feb. 15-19, Thistle Theatre presents The Tiger & The Dried Persimmon.** Magnuson Community Center Auditorium. A classic puppet theater with a modern twist puts on performances for school groups at 10:30am and 12:30pm Wednesday through Friday, and for families on Friday @ 7:30pm and Saturday & Sunday @ 1:00pm. For more information, visit <http://www.thistletheatre.org/schedule.htm>

**Feb. 18, Super Jock 'n' Jill/New Balance Winter Grand Prix 5K Run/Walk.** Magnuson Race Course. This 5k fun run is to raise funds for Federal Way Youth Track Club. For more information, contact [superjocknjill@qwest.net](mailto:superjocknjill@qwest.net)

**Feb. 18-19, Group Health Cooperative International Bike Expo 2006.** Hangar 27 in Magnuson Park, this is one of the three largest consumer bicycle shows in the nation. Produced by Cascade Bicycle Club since 1988, this event celebrates the joys of cycling with seminars, displays and a full range of products and services for all kinds of bicycle enthusiasts. For more information, please contact [cbcxpoproducer@cascade.org](mailto:cbcxpoproducer@cascade.org)

**Feb. 19, Seattle Bike Swap 2006.** Hangar 30. 9:00am-3:00pm. Seattle's biggest and best Bicycle Garage Sale, with 70 vendors selling used & new bicycles and bike related merchandise. For more information, contact [DVelo@comcast.net](mailto:DVelo@comcast.net)

**Feb. 23-26, Women of Wisdom Conference.** The Brig @ Magnuson. Starting at 9:00am. Lectures, workshops, performances and art show empowering the dreams and spirit of women in a community environment. For more information, please contact [wow@womenofwisdom.org](mailto:wow@womenofwisdom.org)

**March 3-5, Academia della Spada presents the 4W Western Martial Arts Workshop.** Magnuson Park. An educational and athletic event featuring historical and classical fencing. For more information, contact cecil@academiadellaspada.com

**March 10, An Evening of Glitter and Glamour.** This is a fund raiser for Civic Light Opera. Magnuson Community Center Auditorium. For more information, go to: <http://www.thinkmilestones.com/clo/>

**March 11, AE II Auction.** Hangar 30. 6:00pm-11:00pm. This annual fundraiser supports AE II school programs such as music, art, field trips & the library. For more information, call 206.252-5300.

**March 11, RCAW Roofing Educational Expo.** Hangar 27. This educational expo is put on annually by the Roofing Contractors Association of Washington to train roofers in new techniques through both hands-on workshops and seminars. For more information, please contact Mistie Chiddick at 206.262.8010 or email [execdir@rcaw.com](mailto:execdir@rcaw.com)

**March 9-26, Greenstage Spring Show.** Thurs.-Fri. @ Workshop 30; doors open at 7:00pm. The critically acclaimed Green Stage theater group presents this free performance of Barefoot in the Park as a part of their American Classics series. For more info, contact [www.greenstage.org](http://www.greenstage.org)

**March 17-19, Lakeside Rummage Sale.** Hangar 27. 9-5 Friday, 9-4 Saturday & 9-1 Sunday. This 3-day sale is put on annually by the Lakeside Parents Association and Lakeside Educational Enrichment Program (LEEP) to raise funds for the school. For more information, please visit [www.lakesideschool.org](http://www.lakesideschool.org)

**March 17-April 2, Civic Light Opera presents "Closer Than Ever".** Fridays-Saturdays @ 8:00pm and Sundays @ 2:00pm at the Magnuson Community Center Auditorium. For more information, go to <http://www.thinkmilestones.com/clo/>

**March 18, Summit Elementary Auction.** Viewridge and Wedgwood rooms of the Brig at Magnuson Park. For more information, call (206) 252-4500.

# PARK EVENTS/TOT PROGRAM

**March 25, Rat City Rollergirls March Bout.** 6:00pm-9:00pm in Hangar 27 at Magnuson Park. Thrill to the brutal antics of Seattle's high-speed heroines, as the daring debs continue their unstoppable roll to world domination. For more information, visit <http://ratcityrollergirls.com>

**March 30-April 2, Iwasih Pow-Wow.** 8:00am-11:00pm. Hangar 30. This Native American Cultural Event features song, dance and traditional foods, and is part of the 31<sup>st</sup> Annual Northwest Indian Youth Conference, which shares Native Culture with the Northwest Community. For more information, call the Iwasih Boys and Girls Club at 206.325-3942.

**April 1-2, Washington State Obedience Training Club 2006 Obedience Trials.** Hangar 30. The American Kennel Club competition for obedience training for dogs. For more information, email [kylahgold@aol.com](mailto:kylahgold@aol.com)



**GreenStage** has been presenting free Shakespeare in the Park to Seattle area residents since 1989. Sponsored by the Seattle Parks Department and housed at Warren G. Magnuson Park, GreenStage offers two plays by Shakespeare running in repertory every summer, and in the winter presents an indoor production of an American Classic at Magnuson Park. All performances are presented free of charge to the public.

***Barefoot in the Park***

***By Neil Simon***

***March 9-26 (Thurs, Fri, Sat, Sun)***

***For information: 206-748-1551 or [www.greenstage.org](http://www.greenstage.org)***



A PUPPET THEATRE FOR FAMILIES

Thistle Theatre, a resident puppet theatre for families performing at Magnuson Community Center Auditorium, announces the 2005-2006 season. Season tickets are on sale now; call (206) 524-3388 for information.

***Happy Holly Day-December 2005***

***The Tiger and the Dried Persimmon-February 2006***

***Frog Lake-April 2006***

Thistle Theatre, a puppet theatre for families, has been performing in the Puget Sound area for 14 years. Thistle Theatre is the only performing arts organization in the Pacific Northwest that specializes in Bunraku style of puppets, an ancient Japanese style of puppetry. The puppeteers, dressed head-to-toe in black to suggest invisibility, operate all of the character's limbs by hand from behind.

## CIVIC LIGHT OPERA

**The Northwest Premier Musical Theatre**

**At Magnuson Community Center Auditorium**

**NUNSENSE II, THE SECOND COMING-**

*January 20-February 5, 2006*

**CLOSER THAN EVER-March 17-April 2, 2006**

**ANYTHING GOES-May 5-21, 2006**

**Call (206) 363-2809 for ticket information.**

**CLO office: 7400 Sand Point Way NE Suite 101N  
Seattle, WA 98115**

## TOT PROGRAM

### INDOOR PLAYPARK



#### Magnuson Gym

**Friday 10:30am-2:00pm**

(ages 1-5)

January 6-March 17 (10 weeks)

\$2.00 Admission

**Friday 10:30am-5:30pm**

March 24-April 7 (3 weeks)

**3/10 until 1pm only**

**No session 3/3**

**Location: Magnuson C.C./Gym**

Big motor play activities for pint sized fun on Fridays! Come check us out! We will have a gym full of riding cars/trikes, slides, a roller coaster, spinning toys, a maze, mini inflatables, colorful balls, push toys, sports equipment and more! **Parental supervision required.** Lobby available for eating snacks and lunch; please no food/drink in the gym. If you have a group or party visiting the Playpark, please ask about reserving our private Friday party room for an additional fee (Fridays only).

### SPECIAL PLAYPARK DAYS

***12/16 (Holiday)***

***2/10 (Valentine's Day)***

***3/17 (St. Patrick's Day)***

***4/14 (Spring Candy Hunt.....starts 10:30am sharp!)***

Watch for these special days! Not only will we offer our regular PLAYPARK activities, we will also throw in something special! It could be a special activity, craft project, or a treat to eat. Come and find out what our special surprise is for you!

## ARTS

### BUNNY WORKSHOP

(ages 4-5)

Wednesday 3:45pm-5:00pm

\$15.00

April 5 (1 day)

**Location: Magnuson C.C./Windermere Room**

**Register: Magnuson C.C.**

Kids will decorate cookies, color eggs, make a basket, and go on an egg hunt!

**Instructor: Joanna Li**

**Min 6/Max 10**

**Magnuson CC 206-684-7026**

# TOT PROGRAM

## CLAY PLAY

Thursday 9:30am-10:30am (ages 2-3) \$105.00  
Thursday 11:00am-12:00pm (ages 4-6) \$105.00  
January 19-March 30 (10 weeks)  
No class 2/23

**Location:** The Brig/Belvedere Terrace Room

**Register:** Magnuson C.C.

Do you like to get your hands dirty? Come and learn the basics of ceramics in this fun-filled class of creation. Tot's will learn some basic hand-building skills; and will be given the opportunity to explore other mediums. The instructor encourages students to express their thoughts and ideas using clay as their main artistic medium. Specific projects are demonstrated, but ultimately students are encouraged to create their own personal works of art. The instructor is a local artist and teacher with a B.A. degree in English and an Elementary Teaching Certificate from Seattle Pacific University.

Instructor: Jacquie Hill

Min 8/Max 12

## LITTLE ARTISTS

(ages 3-5)

Thursday 11:00am-12:00pm \$78.00  
January 19-March 30 (10 weeks)  
No class 2/23

**Location:** The Brig/Wedgwood Room

**Register:** Magnuson C.C.

Our emphasis will be exploring different media: watercolor, tempera, finger paint, collage, natural materials, found objects, etc...inspired by a weekly story and poem. Then we'll use our explorations for some finished products that inspire further exploration and imagination. The instructor has a B.A. in Art Education, has taught elementary school in multi-graded settings and is a mother of three boys.

Instructor: Laurie Duyker

Min 7/Max 10



## DANCE FOR TOTS

### CREATIVE 3'S

(age 3)

Wednesday 12:15pm-1:00pm \$73.00  
January 11-March 22 (10 weeks)  
No class 2/22

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

Through fantasy and games, boys and girls learn basic movement skills and vocabulary such as hopping, leaping, gliding, and stretching, just to name a few. Children will also be encouraged to work as a team and make individual choices in their expressive movement. Children should wear close fitting clothes with ballet slippers/no-slip socks.

Instructor: Chloe Davenport

Min 6/Max 9

## CREATIVE 4-5'S

(ages 4-5)

Wednesday 1:00pm-1:45pm \$73.00  
January 11-March 22 (10 weeks)  
No class 2/22

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

**See previous class listing for description**

Instructor: Chloe Davenport

Min 6/Max 12

## LANGUAGE

### TOT SPANISH

(ages 3-5)

Thursday 9:30am-10:00am \$74.00  
January 19-March 30 (11 weeks)

**(parent attendance required)**

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

This language program emphasizes at home parent involvement and participation centering on developing the child's "ear" for the Spanish language. Class will be a fun interactive environment exposing the child to music, audio/visual materials, cultural games, and activities.

Instructor: Sol Fernandez

Min 6/Max 10

## NATURE

### JR. NATURE EXPLORERS



*Jr. Explorer's instructor Emily Bishton is a Horticulturist specializing in children's education. She is also a birder, artist, musician, and Master Gardener. Classes are energetic: they begin indoors but include outdoor activities as well, so children will need to bring a mid-morning snack and dress for the weather.*

### ADVENTURES IN RECYCLING!

(ages 4-5)

Saturday 9:00am-12:00pm \$30.00  
December 10 (1 day)

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

Learning and hands-on activities that put some 'spark' in a topic that affects all our lives. Stories, videos, and games about where our garbage goes, how recycling benefits us and the world around us, and how nature recycles its own "garbage"! Children will also see examples of unusual and creative recycled materials, and make Treasures-from-Trash crafts for themselves, or to give as gifts. An all-indoors day.

Min 7/Max 12

# TOT PROGRAM

## NEW! JR. EXPLORERS YEAR ROUND!

### THE WONDERFUL WORLD OF WORMS! (ages 4-5)

Saturday 10:00am-1:00pm \$30.00

February 11 (1 day)

**Location:** The Brig/Ravenna Room

**Register:** Magnuson C.C.

Activities, games, and songs to help children learn about the amazing world of worms: the important jobs that they do in “the world below our feet” that make soil and plants healthy, how they “see” and “hear” without eyes or ears, and their incredible “feats of strength”. Children will also participate in creating a working worm bin for Magnuson Children’s Garden, complete with real live, wiggling worms! We’ll also be doing a little outside exploration to look for worms in their natural habitat. Min 7/Max 12

### THE NEW “JR. EXPLORERS GARDEN CLUB”

Saturday 10:00am-1:00pm (ages 4-5)

\$30.00 per session or all 4 for \$100.00

March 25 Session 1

April 22 Session 2

May 13 Session 3

June 24 Session 4

**Location:** The Brig/Ravenna Room

**Register:** Magnuson C.C.

This series of fun and educational classes will introduce children to growing a garden through activities, games, and songs. Kids often wonder where their food comes from, and enjoy the hands-on experience of learning how it grows, as well as lots of fun food facts to share at home. They will participate in creating a new kid-sized “Jr. Explorers Garden”, and will also help plant and harvest the nearby p-patch “Giving Gardens” that donate to local food banks. The March class will focus on seeds, germination, and roots, and then celebrate spring by making a nice “fluffy blanket” garden bed and planting swaths of vegetable seeds. The April class continues the learning with a focus on shoots and leaves, observing plant growth, and the beginning of “snackability”. Through the rest of the year, Jr. Explorer’s classes and camps will continue the learning, observing, and growing. Tiny seeds will grow into food fit for a king and queen, and children will reap a harvest of knowledge and delight along with the joy of giving. Min 7/Max 12

## SPORTS

### LITTLE TIKES SPORTS

(ages 4-5)

Thursday 9:45am-10:45am \$72.00

January 19-March 30 (11 weeks)

**Location:** Magnuson C.C./Gym

**Register:** Magnuson C.C.

Through low organized sport games and activities, young athletes will be introduced to the basic skills needed to participate in team and individual sports.

Instructor: Suzi Ebelle Min 8/Max 12

## MUSIC

### EXPLORING MUSIC

(ages 3-5)

Wednesday 10:00am-10:30am

January 18-February 15 (5 weeks) Session 1 \$45.00

March 1-29 (5 weeks) Session 2 \$45.00

\*Thursday 12:45pm-1:15pm

January 19-February 16 (5 weeks) Session 1 \$45.00

March 2-30 (5 weeks) Session 2 \$45.00

**\* Parent is invited to be in the classroom on Thursdays**

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

Children enjoy making music and will participate through the use of percussion instruments, body movement and art. Music classes will be accompanied by an art project, each tied with seasonal themes. A combination of rhymes, chants and songs will help act as building blocs towards the appreciation of music. Some basic use of music vocabulary will be used. Cooperation and listening are encouraged through positive reinforcement. The instructor is an experienced pre-school music teacher and delights in working with children and is a professional musician living and performing in the Seattle area.

Instructor: Marissa Villemain Essad Min 5/Max 6



Gymboree is the leader in children's fitness, global music, art and interactive play programs for children ages birth through 5 years, as well as Baby Signs. Our location has collective teaching experience of over 30 years and we offer classes to nurture the cognitive, physical and social aspects of all children. It is a lasting gift of time and fun together in a non-competitive environment. Visit a free trial class at your convenience to experience the magic of Gymboree.

**Location:** The Brig

**Register:** Call 206-522-2045 for master schedule

**Or visit [www.gymboree.com](http://www.gymboree.com) and type in our zip code of 98115 to view the schedule.**

### WINTER SESSION: January 3-March 26

All classes are 45 minutes except art is 55 minutes in length.

Fee: \$169 1/3-3/26 or \$299/6 months or two classes (non art) for 3 months

Art: \$179 1/3-3/26 or \$309/6 months or \$309 for one art plus one other core class

One time family registration fee \$20.00

(Siblings receive a 50% discount for play classes and 30% for all other classes)

**PLAY (GYM) CLASSES** are interactive early learning classes with our specially designed large motor/gym equipment with parachute and song time. Younger classes feature parent discussion and baby massage as well. Older classes emphasize pre-sports and small group activities.

### BABIES

Level 1 Gym (Birth-6 months) Tue, Wed 11:50am

Level 2 Gym (6-11 months) Tue 9:30am, Wed

11:05am, Fri 11:35am, Sat 11:00am

Baby Signs (6-16 months) Tue 9:30am

Magnuson CC 206-684-7026



# TOT PROGRAM

## TODDLERS

Level 3 Gym (10-17 months)	Mon 9:30am, Tue 11:05am, Thu 9:30am, Sat 11:00am
Level 4 Gym (16-24 months)	Mon, Tue, Wed, Thu, Sat all 10:15am, Fri 10:45am and Tue 6:45pm
Level 5 Gym (22-30 months)	Wed 9:30am, Thu 11:05am, Fri 10:00am, and Sat 9:30am
Level 6 Gym (28-36 months)	Thu 11:35am, Fri 10:00am, Sat 9:30am

## PRE-SCHOOLERS

Level 7 Gym (36-60 months)	Tue 7:30pm, Fri 9:15am Mon 11:35am
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Siblings welcome!

**MUSIC CLASSES** are hands-on instruments that are age appropriate with an emphasis on different styles of music, movement and audiation

Music I (6-16 months)	Mon 11:05am
Music II (16-30 months)	Mon 10:15am
Music III (30-66 months)	Mon 9:30am
Family Music (ages 1-4)	Sat 9:30am
Art I (18-28 months)	Thu 10:45am
Art II (29-60 months)	Thu 9:45am

**GYMBOREE GLOBAL KIDS** -a chance to explore world cultures through stories, play, sights, sounds and crafts, all recorded in a travel journal to promote intra-cultural interaction.

Global Kids (20- 42 months)	Tue 11:00am, Sat 10:45am
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*\*Ask about sibling solutions and drop-off options for children ages 3 years and older.*



## MAGNUSON ARENA SPORTS

Indoor sports facility with adult and youth leagues, classes, and rentals. Specializing in soccer and roller hockey. Location: 7727 63<sup>rd</sup> Ave NE Building 2 North and South Seattle WA 98115

<b>BUNNIES (Soccer)</b> (18-24 months)
Monday through Saturday 9:00am, 9:30am, 10:00am, 10:30am, 12:30pm, 3:30pm

All times subject to change

November 28-March 11	\$11.00 per class
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**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Bunnies classes are a fun introduction to the Lil' Kickers program. Toddlers and parents explore basic soccer and movement skills together. Classes include parachute activities, bubbles, lots of goal scoring, and the famous cone towers! Bunnies classes are 40 minutes long. The ratio for Bunnies classes is 10-15:1 w/parents on the field depending on space.

<b>THUMPERS (Soccer)</b> (ages 25-35 months)
Monday-Saturday 8:55am, 9:00am, 9:30am, 9:45am, 10:00am, 10:30am, 11:00am, 11:30am, 1:30pm, 4:30pm

All times subject to change

November 28-March 11	\$11.00 per class
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**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Parents and kids, led by one of our instructors, play organized games together to develop listening skills, balance, ball skills and foot-eye coordination. Thumpers is the ideal next step for Bunnies veterans who are not yet old enough for the Hoppers level, and a perfect introduction to Lil' Kickers for new players who are just barely 3 years old. Classes are 40 minutes long; ratio is 10:1 w/parents.

<b>HOPPERS (Soccer)</b> (ages 3-4, Beg.)
Monday-Saturday 8:55am, 9:00am, 9:30am, 9:45am, 10:00am, 10:30am, 11:00am, 11:30am, 12:00pm, 12:30pm, 1:30pm, 3:30pm, 4:30pm, 5:30pm

All times subject to change

November 28-March 11	\$12.50 per class
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**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Three and four year-olds get a fast-paced, fun exposure to the most popular sport in the world. Classes focus on foot-eye coordination, dribbling, scoring and balance. Hoppers classes will also introduce the concepts of teamwork and cooperation. Hoppers will not play any competitive soccer games. Classes are 50 minutes long; ratio is 7:1.

<b>JACKRABBITS (Soccer)</b> (ages 3-4, Intermediate)
Monday-Saturday 8:55am, 9:00am, 9:30am, 9:45am, 10:00am, 10:30am, 11:30am, 12:30pm, 1:30pm, 3:30pm, 4:30pm, 5:30pm

All times subject to change

November 28-March 11	\$12.50 per class
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**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Jackrabbits is a class designed for three and four year-olds who have either taken a session of Hoppers or have other soccer experience. Jackrabbits classes will focus on more complex ball skills (trapping and passing). Some small-sided soccer games will be introduced. Jackrabbits classes are 50 minutes long; ratio is 7:1.

<b>LITTLE SKATERS</b>	(ages 4-8)
Wednesday or Thursday 4:00pm	\$11.50 per class plus annual membership (\$35)

Dates TBA

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Kids learn skating fundamentals through the game of roller hockey.

Instructor: Kevin Brunstad

# TOT/YOUTH PROGRAM

**MICRO LEAGUES (Soccer)** (ages 4-9)  
Monday-Saturday 8:55am, 9:00am, 9:45am, 10:00am,  
11:00am, 11:30am, 12:00pm, 12:30pm, 1:30pm, 3:30pm,  
4:30pm, 5:30pm All times subject to change

November 28-March 11 \$12.50 per class

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Micro Leagues are non-competitive (non-scoring), developmental leagues for kids 4-9 years designed to enhance individual and team skills; with an emphasis on fun and safety. Micro Leagues are for kids who have played soccer before either in Lil' Kickers or another program. In 50 minutes of class there will be 15-20 min. of instruction and 20-25 min. of games (equal playing time). The ratio for Micro League classes is 12:1.

## Magnuson Community Center HOME SCHOOL \*ENRICHMENT PROGRAM\* TOTS, YOUTH, TEENS THURSDAYS

Check out our Home School Enrichment Program! Classes are offered for tots, youth, and teens every Thursday this winter at Magnuson Community Center and The Brig. Lunch area and open gym time also available, not to mention Seattle's largest playground and over 350 acres of park to explore! So, pack a lunch and spend Thursdays with us!

### YOUTH CLASSES

**DRAMA PRODUCTION** 9:30am-11:00am pg. 10  
**KIDS SPANISH Continuing** 10:15am-11:00am pg. 10  
**KIDS SPANISH Beginning** 11:15am-12:00pm pg. 10  
**SPORTS UNLIMITED** 11:00am-12:00pm pg. 10  
**HOME SCHOOL OPEN GYM** 12:00pm-1:15pm pg. 10  
**POETRY/WRITING** 12:30pm-1:30pm pg. 11  
**DRAWING STUDIO** 12:30pm-1:30pm pg. 11  
**KNITTING** 12:30pm-1:30pm pg. 11  
**FENCING** 1:30pm-2:30pm pg. 11

### 5 & UNDER CLASS OFFERINGS

**TOT SPANISH** 9:30am-10:00am pg. 7  
**LITTLE TIKES SPORTS** 9:45am-10:45am pg. 8  
**CLAY PLAY (ages 2-3)** 9:30am-10:30am pg. 7  
**CLAY PLAY (ages 4-6)** 11:00am-12:00pm pg. 7  
**LITTLE ARTISTS** 11:00am-12:00pm pg. 7  
**EXPLORING MUSIC** 12:45pm-1:15pm pg. 8

### TEEN HOME SCHOOL ACTIVITIES

**DRAMA PRODUCTION** 9:30am-11:00am pg. 10  
**LUNCH AT THE BRIG** 11:30am-12:30pm pg. 11  
**WHAT WE OWE THE READER** 12:30pm-1:30pm pg. 11  
**CERAMICS FOR TEENS** 1:45pm-3:00pm pg. 11  
**METALWORKS \*WEDNESDAY\*** 3:30pm-4:30pm pg. 12

## HOMESCHOOL ENRICHMENT

**DRAMA PRODUCTION** (ages 6-15)

**"The Lion, The Witch, and The Wardrobe"**

Thursday 9:30am-11:00am

\$93.00

January 19-April 13 (12 weeks)

No class 2/23

**Location:** Magnuson C.C./Auditorium

1/19, 2/9, 2/16, 3/9, 3/16, 4/6 (The Brig/Wedgwood Room)

**Register:** Magnuson C.C.

**\*HOME SCHOOL ENRICHMENT\***

Students will rehearse and perform a production of this modern classic book. Students will also help design the set and simple costumes. Evening Performance on

Thursday, April 13 at 7:00pm.

Instructor: Blanka Jindrich

Min 8/Max 12



**KIDS SPANISH** (ages 6-10)

Thursday 11:15am-12:00pm **BEGINNING** \$80.00

Thursday 10:15am-11:00am **CONTINUING** \$80.00

January 19-March 30 (11 weeks)

**Location:** Magnuson C.C./Windermere Room

**Register:** Magnuson C.C.

**\*HOME SCHOOL ENRICHMENT\***

This language program emphasizes at home parent involvement and participation centering on developing the child's "ear" for the Spanish language. Class will be a fun interactive environment exposing the child to music, audio/visual materials, cultural games, and activities. Text book will be additional cost.

Instructor: Sol Fernandez

Min 6/Max 8

**SPORTS UNLIMITED** (ages 6-10)

Thursday 11:00am-12:00pm \$72.00

January 19-March 30 (11 weeks)

**Location:** Magnuson C.C./Gym

**Register:** Magnuson C.C.

**\*HOME SCHOOL ENRICHMENT\***

La Crosse, Floor Hockey and Basketball are the exciting sports we will learn and play! In this class, kids will be introduced to the skills, drills, and fun games of these sports. Other sports/games per student's requests may also be introduced throughout the session.

Instructor: Suzi Ebelle

Min 8/Max 14



**HOME SCHOOL OPEN GYM** (ages 4-15)

Thursday 12:00pm-1:15pm

Free

January 19-March 30 (11 weeks)

**Location:** Magnuson C.C./Gym

**\*HOME SCHOOL ENRICHMENT\***

Check out balls and equipment for the sport of your choice! Reserved gym time just for home schoolers!

# YOUTH PROGRAM

## POETRY/WRITING

(ages 6-10)

Thursday 12:30pm-1:30pm

\$80.00

January 19-March 30 (10 weeks)

No class 2/23

**Location:** *The Brig/Belvedere Terrace Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

Come and learn to see in new ways! This class will teach children how to write formal and free verse poetry. Students will take photographs during outdoor safari walks and express what they capture visually-in words. Poetry, from around the world, will be shared with the class. Students will also be encouraged to bring in their favorite poetry to share with their fellow classmates. Each student will create their own chapbook and end the class a published poet! The instructor is a local artist and teacher with a B.A. degree in English and an Elementary Teaching Certificate from Seattle Pacific University.

Instructor: Jacquie Hill

Min 8/Max 10

## DRAWING STUDIO FOR KIDS

(ages 6-10)

Thursday 12:30pm-1:30pm

\$66.00

January 19-March 2 (6 weeks)

No class 2/23

**Location:** *The Brig/Wedgwood Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

Gain skills and express yourself as you explore drawing realistically in this fun class inspired by the book "Drawing With Children" by Mona Brookes. We'll use various media and get inspiration from a variety of sources (photos, graphics, real life...). Supplies included. The instructor has a B.A. in Art Education, has taught elementary school in multi-graded settings, and is a mother of three boys and home schooled for five years.

Instructor: Laurie Duyker

Min 7/Max 10

## FENCING FOR KIDS-HOMESCHOOL

(ages 7-12)

Thursday 1:30pm-2:30pm

\$73.00

January 19-March 30 (10 weeks)

No class 2/23

**Location:** *The Brig/Viewridge Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

This class will focus on a classical approach to French foil and how the foil relates to the 18th Century French small sword. Students will gain a greater understanding of this art through practice of fundamental drills in blade actions, footwork, and grace. Fencers of all skill levels are welcome and should benefit from this class. Students are required to bring a sweatshirt, gloves and wear a comfortable pair of shoes.

Instructor: Cecil Longino

Min 7/Max 12

## KNITTING FUN

(ages 6-10)

Thursday 12:30pm-1:30pm

\$42.00

March 9-30 (4 weeks)

**Location:** *The Brig/Wedgwood Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

Join the knitting craze! Fee includes needles, instruction, yarn and a choice of simple projects.

Instructor: Laurie Duyker

Min 7/Max 10

## \*\*\*TEEN HOMESCHOOL\*\*\*

### DRAMA PRODUCTION

(ages 6-15)

**"The Lion, The Witch, and The Wardrobe"**

Thursday 9:30am-11:00am

\$93.00

January 19-April 13 (12 weeks)

No class 2/23

**Location:** *Magnuson C.C./Auditorium*

*1/19, 2/9, 2/16, 3/9, 3/16, 4/6 (The Brig/Wedgwood Room)*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

*See page 10 for description*



### LUNCH HOUR

#### THE BRIG TEEN CENTER

(ages 11-15)

Thursday 11:30am-12:30pm

Pack a lunch and drop in at The Brig. Come play pool, foosball, x-box, darts, and more. Meet new friends!

### WHAT WE OWE THE READER

(ages 11-15)

Thursday 12:30pm-1:30pm

\$25.00

January 19-March 30 (10 weeks)

No class 2/23

**Location:** *The Brig Teen Center*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

Over a ten week period, we will be exploring the creative world of writing. We will do many writing exercises including investigative reporting, poetry, memoir writing and maybe even a debate or two. Learn techniques that only the professionals know and have lots of fun too. This class is definitely what you owe your reader.

Instructor: Jolenta Coleman

Min 4/Max 10

### CERAMICS for TEENS

(ages 11-15)

Thursday 1:45pm-3:00pm

\$143.00

January 19-March 30 (10 weeks)

No class 2/23

**Location:** *The Brig/Belvedere Terrace Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

Come try your hand at ceramics and enter a whole new world. If you can imagine it – you can create it! Students will work on individual projects based on their interests. The instructor will teach the basics and let the students explore.

Instructor: Jacquie Hill

Min 6/Max 10

# YOUTH PROGRAM

## NEW! WEDNESDAY CLASS!

### METAL WORKING MAGIC & MORE (ages 11-16)

Wednesday 3:30pm-4:30pm \$180.00

January 18-March 8 (8 weeks) All supplies included

**Location:** *The Brig/Belvedere Terrace Room*

**Register:** *Magnuson C.C.*

### \*HOME SCHOOL ENRICHMENT\*

An expensive collection of metals, beads, stones, leather, and found objects will be used to create rings, bracelets, necklaces, earrings, sculptures and more. Metals such as copper, brass, and silver will be used by students to create one of a kind works of art. As students learn about this seemingly untouchable medium, they will be introduced to many tools and processes such as forging, soldering, filing and stone setting. All projects are age appropriate and encourage beneficial and productive social interaction.

Instructor: Lupin Tapert Min 6/Max 12

## DANCE

### KIDS BALLROOM DANCE & SWING (ages 8-12)

Thursday 4:30pm-5:30pm

January 19-February 9 (4 weeks) \$32.00

March 2-23 (4 weeks) \$32.00

**Location:** *The Brig/Viewridge Room*

**Register:** *Magnuson C.C.*

Let's dance! Learn the basic steps and more to the upbeat Swing, also known as Jitterbug and Lindy Hop...fast, fun and easy. We'll also include some of the other Ballroom dances such as the Latin Tango, the sassy Salsa and the ever popular Fox Trot.

Instructor: Celia Boarman Min 7/Max 16

### TAP DANCE (grades K-5)

Monday 6:00pm-7:00pm \$56.00

January 23-March 20 (8 weeks)

No class 2/20

**Location:** *Magnuson C.C./Windermere Room*

**Register:** *Magnuson C.C.*

Class will cover the basic roots of tap dance-the flaps, the heels, and the shuffle off to Buffalo's. Come join the fun and let your feet do the talking! The instructor has been tapping for eight years. Come with tap shoes!

Instructor: Ethan Kahn Min 6/Max 10

## CRAFTS

### BUNNY WORKSHOP (ages 6-8)

Wednesday 5:15pm-6:30pm \$15.00

April 5 (1 day)

**Location:** *Magnuson C.C./Windermere Room*

**Register:** *Magnuson C.C.*

Kids will decorate cookies, color eggs, make a basket, and go on an egg hunt!

Instructor: Joanna Li Min 6/Max 10

## NATURE

### ADVENTURES IN RECYCLING! (ages 6-8)

Saturday 1:00pm-4:00pm \$30.00

December 10 (1 day)

**Location:** *Magnuson C.C./Windermere Room*

**Register:** *Magnuson C.C.*

Learning and hands-on activities that put some 'spark' in a topic that affects all our lives. Stories, videos, and games about where our garbage goes, how recycling benefits us and the world around us, and how nature recycles its own "garbage"! Children will also see examples of unusual and creative recycled materials, and make Treasures-from-Trash crafts for themselves, or to give as gifts. An all-indoors day. The instructor is a Horticulturist specializing in children's education. She is also a birder, artist, musician, and Master Gardener.

Instructor: Emily Bishton Min 7/Max 12

## Magnuson Children's Garden Spring Work Parties and Kid's Activities

**Starting in March! DROP-IN FREE!**

Starting in March, join us at the Magnuson Children's Garden for our spring work parties held on the third Saturday morning of each month from 10:00am-noon. WSU/King County Master Gardener volunteers do educational gardening and environmental activities for the children at each Magnuson Children's Garden work party. Parents are invited to bring their children with them to the work party, and can either assist other adults with garden projects and maintenance, or assist Master Gardeners with the children's activities. For more information about the garden, call Cindy Hazzard at (206) 527-0584 or e-mail [hazarddean@hotmail.com](mailto:hazarddean@hotmail.com)

## YOUTH LEAGUE SPORTS

### MAGNUSON COMMUNITY CENTER

#### REGISTRATION INFORMATION

Forms for all league sports available at the center. To register, all of the following steps must be completed and turned in at the same time. **Incomplete packets will not be accepted.**

- 1) Include Xeroxed copy of birth certificate.
- 2) Complete permission/medical form. (BOTH SIDES)
- 3) Complete general sports registration form.
- 4) Pay fee.

### ULTIMATE FRISBEE (coed, ages 8-13)

**Magnuson & Montlake Community Centers**

**(M & M League) Fee: \$35.00 (includes shirt)**

**REGISTER NOW!** Magnuson and Montlake Community Centers are joining together to bring you the M & M Spring Ultimate Frisbee League. Practices and games begin in early April. Games are on Fridays. Registration packets are available at the Center.



# YOUTH PROGRAM

## GIRLS SOFTBALL (ages 10-11, 12-13, 14-17)

(must turn legal age by August 31, 2005)

**FEE: \$35.00 (includes shirt and hat)**

**Registration for Girls Softball starts February 13!**

Registration packets are available at the Center by early February. Practices begin in early April. Saturday games will start late April and run through mid June.



## NERF SOCCER

**Magnuson Community Center**

**NERF SOCCER** (coed, ages 5-6)

**FEE: \$35.00 (includes shirt)**

**REGISTRATION STARTS FEBRUARY 13!**

Registration packets are available at the Center by early February. Magnuson teams will join the Laurelhurst League. Practices begin the week of April 17. Games run through April 28-June 2.

**WANTED: VOLUNTEER COACHES**  
**ULTIMATE FRISBEE, NERF SOCCER & GIRLS SOFTBALL**  
Call staff at 684-7026

## YOUTH FITNESS & SPORTS



### 3 ON 3 BASKETBALL TOURNAMENT FOR 8 AND 9 YEAR OLDS

**\$25.00 per team**

**Saturday 10:00am start**

**March 25 (1 day)**

**Location: Magnuson C.C./Gym**

**Register: Magnuson C.C.**



Form teams of three to four and play in our second annual 3 on 3 tournament for 89'ers. Both boys and girls divisions. Ages will be combined so you can form any combination of ages on a team as long as you played on an 8 or 9 year old team this season. Double elimination. Individual awards for the top teams in both boys and girls divisions. Each game will be played on half court and to seven points. Min 10 teams per division

### FENCING FOR KIDS

(ages 7-14)

Thursday 6:00pm-7:00pm

\$73.00

January 19-March 30 (10 weeks)

No class 2/23

**Location: The Brig/Viewridge Room**

**Register: Magnuson C.C.**

**See page 11 for description**



## INSTRUCTIONAL BASKETBALL (coed, ages 6-7)

Tuesday 5:00pm-6:00pm

\$42.00

February 28-April 4 (6 weeks)

**Location: Magnuson C.C./Gym**

**Register: Magnuson C.C.**

Taught by a highly experienced instructor/coach/referee, class will cover skills of passing, dribbling, shooting, defense and offense. Jamboree included. Shirt included in class fee.

Instructor: Linda Slater

Min 13/Max 20

## CrossFit North

### Strength for the Masses

**CrossFit North** is a gym unlike any you've ever been in. A place to achieve more strength and fitness than you imagined possible. It's what PE class should have been!

**Location: CrossFit Gym/SW corner of Bldg. 2**

**Register: [www.crossfitnorth.com](http://www.crossfitnorth.com)**

### KARATE (Beg. /Interm.) (ages 5-13)

Wednesday 6:00pm-7:00pm

Classes on going \$40.00 per month

### JUJUTSU (Introductory/Interm.) (ages 5-18)

Sunday 4:00pm-6:00pm

Classes on going \$40.00 per month

### SUFFER ON SATURDAY (ages 8-adults)

First Saturday of every month 10:00am

Sessions on going Free

### KETTLEBELL CLASSES (ages 8-adults)

Monday, Friday 5:00pm-6:00pm

Classes on going \$65.00 per month/1 class per week

### CROSSFIT CLASSES (ages 8-adults)

Mondays thru Fridays 9:00am, 5:00pm, 6:00pm

Wednesday 7:00am

Tuesday and Thursday 8:00am

Saturday 8:00am

Classes on going \$65.00 per month/1 class per week

## MAGNUSON ARENA SPORTS

Indoor sports facility with adult and youth leagues, classes, and rentals. Specializing in soccer and roller hockey. Location: 7727 63<sup>rd</sup> Ave NE Building 2 North and South Seattle WA 98115



### LIL' KICKERS FUN ZONE (all ages)

Tuesday, Wednesday, Friday 9:30am-3:00pm

Saturday 9:00am-2:00pm

All Year! Daily drop-in \$5.00 with membership,

\$7.00 without membership, yearly pass \$99.00

**Location: Magnuson Arena Sports/Bldg. 2**

**Register: 206-985-8990 or visit**

**[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)**

Bounce House, Super Slide, and Obstacle Course...Fun!

Magnuson CC 206-684-7026

# YOUTH PROGRAM

**BIG FEET (Soccer)** (ages 5-6, Beg.)  
Monday-Saturday 11:30am, 12:00pm, 1:30pm, 3:30pm,  
4:30pm, 5:30pm All times subject to change  
November 28-March 11 \$12.50 per class

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Big Feet classes are for kids who have not played soccer before. These classes concentrate on giving beginning kids a set of basic soccer skills (dribbling, passing, trapping, scoring) and some confidence on the field of play. Kids will be introduced to the ideas of sportsmanship and team play. Kids will play some small-sided soccer games and be encouraged to progress into Micro Leagues. Big Feet classes are 50 minutes long; ratio is 8-12:1.

**MICRO LEAGUES (Soccer)** (ages 4-9)  
Monday-Saturday 8:55am, 9:00am, 9:45am, 10:00am,  
11:00am, 11:30am, 12:00pm, 12:30pm, 1:30pm, 3:30pm,  
4:30pm, 5:30pm All times subject to change  
November 28-March 11 \$12.50 per class

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

See page 10 for description

**MICRO LEAGUES-Advanced (Soccer)** (ages 6-8)  
Monday-Saturday 12:00pm, 4:30pm, 5:30pm \$14.50  
November 28-March 11 per class

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Children in these classes will be introduced to more complex soccer tactics and skills. Our curriculum is designed by Arena Sports Director of Soccer and assistant coach of the UW Women's soccer team, Chuck Sekrya. Combining Chuck's expertise in soccer and our Lil' Kickers staff knowledge and experience with kids has created an excellent class.

**YOUTH SOCCER LEAGUES** (ages 7-12)

Saturday or Sunday 8:00am-6:40pm

Start TBA (8 game season and 12 game season)

Team Fee: \$660 + tax. Fee for individuals that want to play on an Arena Sports House Team: \$72 for 8 games. A current Arena Sports \$35 membership fee.

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Youth recreational soccer leagues for ages 7-12 featuring 45 minute games of 7 vs 7 play.



**TNT SOCCER TRAINING** (ages 9-16)

Monday, Friday 4:00pm, 5:00pm

Dates TBA \$11.50 per class for 1 hour classes

\$16 per class for 90 min classes

Current membership (\$35/yr)

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

This class teaches technical aspects such as dribbling, shooting, passing, and trapping, and how to use them tactically—meaning how to use these skills correctly in a game. Offered to individuals and teams.

**LITTLE SKATERS** (ages 4-8)

Wednesday or Thursday 4:00pm \$11.50 per class  
plus annual membership (\$35)

Dates TBA (12 weeks)

**Location:** Magnuson Arena Sports/Bldg. 2

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

See page 9 for description



## AFTER SCHOOL PROGRAM



For more details about Kids' University visit us at [www.seattleyymca.org](http://www.seattleyymca.org) (click on Locations, choose University Family YMCA, click on Programs); or call us at (206) 985-0075 or (206) 524-1400

**Location:** The Brig

Kids' University offers after-school enrichment classes for youth in kindergarten through 5<sup>th</sup> grade. A wide assortment of classes are offered Monday through Friday, from the end of the school day until 6pm. Though structured, this less formal atmosphere allows for innovative and creative learning outside the traditional classroom. Seattle Public Schools provides transportation from many local schools to our site. Here are some of the classes on the line-up for this winter!

<b>Tutoring</b>	<b>Music Appreciation</b>
<b>Reading Room</b>	<b>Cultural Wonders</b>
<b>Arts &amp; Crafts</b>	<b>All Star Sports</b>
<b>Painting 101 (oil &amp; watercolor)</b>	<b>Sewing</b>
<b>Step Aerobics</b>	<b>Theater</b>
<b>Indoor Games</b>	<b>Cooking</b>
<b>Ball Games</b>	<b>Backyard Games</b>
<b>Nature n' Science</b>	<b>Young Houdini's (magic tricks)</b>
<b>Creative Writing</b>	<b>Leadership</b>
<b>Poetry</b>	

Questions about registering for Kids' University? Contact the University Family YMCA at 206-524-1400.

# TEEN PROGRAM

## MAGNUSON COMMUNITY CENTER TEEN PROGRAM

Ph: (206) 684-7588

Magnuson Community Center's Teen Program, based in The Brig, is a year round program designed to give middle school and high school youth opportunities to participate in a variety of recreational, social, as well as educational activities. Numerous community service possibilities are also available. So, check us out! We'll play sports and games, have barbecues and make some fabulous food, watch videos on our TV and surround sound system, take hikes, create art, participate in some great special events and take some awesome field trips. Opportunities are limitless!

### THE BRIG

### WINTER DROP-IN HOURS

*foosball, pool, ping pong, movies, x-box, darts, music, snacks*

**Tuesday-Friday 4:00pm-6:00pm**

### TEEN ADVISORY COUNCIL

Want to take an active role in the development of programming for teens? Have your voice heard by becoming a member of Magnuson Teen Advisory Council. Make decisions on field trips, events, classes, and policies. Meets the second and fourth Wednesday, 6:30pm-8:00pm, each month.

## VOLUNTEER!

### TEENS-IN-ACTION

#### COMMUNITY SERVICE at Magnuson Park

Get your required high school community service hours with us! Call us, and we'll put you to work! Several Magnuson Park organizations have come together to help us provide you with a variety of volunteer options. Help with special events and activities, community center staffing, outside work parties in the park, and more! Set up an appointment with the Teen Leader; map out a master plan together for completing your service. Call 684-7588 or 684-7026 today...get started early!

*New Year's*

### **Teen Band Blast!**

**Hip Hop Meets Rock**

**December 30 7:00pm-10:00pm**

**Magnuson Community  
Center Auditorium**

**Come to Magnuson's Grand**

**Auditorium and enjoy teen rappers and teen rock bands alternate in a music extravaganza! Rappers and rock groups will fill the bill. Concessions available.**

**Interested bands, please contact Magnuson Community Center at 684-7026. Free!**



### MOVIE MAKERS

(ages 13-18)

Thursday 4:30pm-6:30pm

Free

January 12-March 23 (11 weeks)

**Location: The Brig**

**Register: Magnuson Teen Program**

Do you have an issue you want to bring to the silver screen? Participants will make their own thirty minute documentary film. Learn movie production, sound, editing, and lots more. Take your documentary into local middle and high schools to educate other students. Bring a story to life; sign up today! Spaces are limited. Classes by SCAN, a local television broadcasting network involved in outreach programs.

### MOVIE MAKERS "PREMIERE" PARTY

#### COMING SOON TO A THEATRE NEAR YOU!

Magnuson Teens worked weeks on a thirty minute documentary film. Be one of the first to view the film and offer feedback. We will be showing the film (date and time TBA), followed by a question and answer session with the creators and giving out awards to all the youth who participated. Come enjoy a night of entertainment and discussion.

### GIRL SPACE

(ages 11-18)

Thursday 7:00pm-8:30pm

Free

(1<sup>st</sup> and 3<sup>rd</sup> Thursday each month)

**Location: The Brig**

**Register: Magnuson Teen Program**

Have a night with the just the girls. Girl Space is a bi-weekly program for girls 12-16. Come discuss issues relevant to girls, create art, bake, exercise, dance, and much more. Girl Space is a safe place for girls to build self esteem and sisterhood.

### TEEN TOLERANCE

(ages 11-18)

Tuesday 6:00pm

Free

January 10-March 28 (12 weeks)

**Location: The Brig**

**Register: Magnuson Teen Program**

Change the way society thinks. If you care about social injustice, prejudice, and discrimination, this is the group for you. Teen Tolerance will meet to discuss issues of race and discrimination. Teens involved will learn how to facilitate group discussions on race, plan a tolerance project, write/submit a Mix it Up grant, and facilitate at Magnuson C. C.'s Mix it Up at Brunch event.

### READY TO WEAR

(ages 11-18)

Wednesday 4:00pm-6:00pm

\$35.00

January 18-April 26 (15 weeks)

**Location: The Brig**

**Register: Magnuson Teen Program**

Ever have dreams of being a fashion designer? Learn how to design and make your very own clothes. Classes will be taught by fashion instructors from local design schools. We will design, sew, take some awesome field trips, and have our very own fashion show where you can display the clothes you create. Sign up today! Spaces are limited.

# TEEN/ADULT PROGRAM

## BABYSITTER'S TRAINING

(ages 11-15)

Saturday 10:00am-5:00pm

\$38.00

February 4 (1 day)

**Location:** Magnuson C.C./Windermere Room

**Register:** Red Cross Call 206 726-3534

This course teaches 11-15 year olds how to handle emergencies, prevent accidents, and understand children's needs at different ages. Bring a lunch.

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**HOMESCHOOL TEEN PROGRAM AT MAGNUSON!** Drama Production, What We Owe the Reader, Fencing, Ceramics, Metal Working Magic, The Brig Teen Center Hours...see pages 11 and 12 for activity descriptions.

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## LEAGUE SPORTS FOR TEENS

**ULTIMATE FRISBEE** (ages 8-13)

**GIRLS SOFTBALL** (ages 10-17)

See pages 12 and 13 for descriptions

## CROSSFIT NORTH

(ages 12-18)

### FITNESS TRAINING FOR TEENS

Tuesday 4:00pm-5:00pm

Free

Starts January 10

**Location:** CrossFit Gym/SW corner of Bldg. 2

**Register:** Magnuson Teen Program

Get into shape this winter. CrossFit workouts combine old-school bodyweight exercises, weightlifting, cardio work, and strength challenges. Join the Magnuson Teen Program and enjoy the great benefits this class can offer. Learn different fundamentals to fitness training, come burn calories with friends every Tuesday.

## TEEN FREE SHOOT

(ages 12-18)

Tuesday, Wednesday, Thursday 3:00pm-4:30pm

Free

February 28-April 6 (6 weeks)

**Location:** Magnuson C.C./Gym

Open gym for basketball! Check out balls at the front desk.

## FENCING

Thursday 6:00pm-7:00pm (ages 7-14)

\$73.00

Thursday 7:30pm-9:00pm (ages 15-adults)

\$95.00

January 19-March 30 (10 weeks)

No class 2/23

**Location:** The Brig/Viewridge Room

**Register:** Magnuson C.C.

See page 11 for class description



## METAL WORKING MAGIC & MORE

(ages 11-16)

Wednesday 3:30pm-4:30pm

\$180.00

January 18-March 8 (8 weeks) All supplies included

**Location:** The Brig/Belvedere Terrace Room

**Register:** Magnuson C.C.

See page 12 for description

## MAGNUSON ARENA SPORTS

Indoor sports facility with adult and youth leagues, classes, and rentals. Specializing in soccer and roller hockey. Location: 7727 63<sup>rd</sup> Ave NE Building 2 North and South Seattle WA 98115

### TNT SOCCER TRAINING

(ages 9-16)

Monday, Friday 4:00pm, 5:00pm

Dates TBA

\$11.50 per class for 1 hour classes

\$16 per class for 90 min classes

Current membership (\$35/yr)

**Location:** Magnuson Arena Sports/Bldg. 2

7727 63<sup>rd</sup> Ave NE

**Register:** 206-985-8990 or visit

[magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

See page 14 for description

### ADULT SOCCER LEAGUES

(adults)

Mondays (Women's C Division), Tuesdays (Men's C),

Wednesdays (Women's B), Thursdays (Co-ed C)

Games start at 6:40pm-10:00pm

Dates TBA

\$495 + tax (8 games), \$725 + tax (12 games), House

Team Fee=\$52 + tax, \$78 + tax (12 games)

Current Arena Sports Membership (\$35/yr)

**Location:** Magnuson Arena Sports/Bldg. 2

7727 63<sup>rd</sup> Ave NE

**Register:** 206-985-8990

or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

Recreational adult soccer leagues w/games of 6 vs 6.

### IN-LINE HOCKEY LEAGUE

(adults)

Tuesdays Copper (Advanced Beginner) and Bronze

(Intermediate) Leagues, Wednesdays Silver B (Advanced Intern.)

Game times start at 6:40pm-10:40pm

Leagues dates TBA (12 weeks)

\$1,122 + tax per team or

\$132 per player for House Team participation

Current Arena Sports Membership required (\$35/yr)

**Location:** Magnuson Arena Sports/Bldg. 2

7727 63<sup>rd</sup> Ave NE

**Register:** 206-985-8990

or visit [magnusonmgr@arenasports.net](mailto:magnusonmgr@arenasports.net)

5 vs. 5 teams playing 45 minute games.



### Strength for the Masses

CrossFit North is a gym unlike any you've ever been in. A place to achieve more strength and fitness than you imagined possible. It's what PE class should have been!

**Location:** CrossFit Gym/SW corner of Bldg. 2

**Register:** [www.crossfitnorth.com](http://www.crossfitnorth.com)

See page 13 for listing of other classes

### OLYMPIC WEIGHTLIFTING

(Intermediate)

(ages 12-adults)

Saturday 9:00am

Classes on going

\$65.00 per month/1 class per week

Magnuson CC 206-684-7026



# ADULT PROGRAM



Sail Sand Point is a community sailing organization. Our mission is to open the waters of Lake Washington and Puget Sound to the entire community. We offer low cost lessons and open sailing programs.

**Location:** *Sail Sand Point, Building 11 at the North End of Magnuson Park 7777 62<sup>nd</sup> Ave NE*

**Register:** 206-525-8782 or contact [www.sailsandpoint.org](http://www.sailsandpoint.org)

*Due to construction, Sail Sand Point will not be having any classes until mid March of 2006. Sail Sand Point offers sailing lessons and opportunities to people of all ages (ages 6 & up). Classes range from \$30 to \$325. Private lessons are available for \$75. Open sailing programs range from \$25 to \$175. Check the website in early February for spring class information.*

**BASKETBALL DROP-IN** (adults)  
Wednesday 4:30pm-5:45pm **\$2.00 drop-in**

March 1-April 5 (6 weeks)

**Location:** *Magnuson C.C./Gym*

**Register:** *Magnuson C.C./pay drop-in fee at front desk before entering gym*

Open gym for basketball! Check out balls at the front desk. Times are always subject to change; best to call 684-7026 for a daily schedule.

**BADMINTON DROP-IN** (adults)  
Friday 6:30pm-8:45pm **\$2.00 drop-in**

December 16-March 31 (13 weeks)

No session 12/9, 1/27, 3/3, 3/10

**Location:** *Magnuson C.C./Gym*

**Register:** *Magnuson C.C./pay drop-in fee at front desk before entering gym*

Drop-in; 2 courts plus available. All skill levels welcome to play. Equipment provided or bring your own.

## RACQUETBALL COURT At Magnuson C.C.



Come check out Magnuson's racquetball court! It's the only public one around! Cost to use the court and equipment is \$5.00 per hour or \$8.00/1.5 hours. Drop-in or reserve the court in advance. Reservations may be made one week in advance.

**FENCING** (ages 15-adults)  
Thursday 7:30pm-9:00pm **\$95.00**

January 19-March 30 (10 weeks)

No class 2/23

**Location:** *The Brig/Viewridge Room*

**Register:** *Magnuson C.C.*

*See page 11 for class description*



**NEW!**

**TRIATHLON READINESS for BEGINNERS** (adults)  
Tuesday 6:30pm-7:30pm **\$80.00**

January 17-March 28 (11 weeks)

**Location:** *The Brig/Viewridge Room*

**Register:** *Magnuson C.C.*

Thinking of taking on your first triathlon? Need help with your workouts and training schedule? This class is designed for beginners who would like to complete their first triathlon. Classes integrate core, strength and cardio workouts, and weekly workout schedules. Learn how to train in each of the three sports. Tips for a successful tri experience will be reviewed. Get energized and empowered to take on your first Tri! Dress for workout. Taught by a certified fitness professional and triathlete.

Instructor: Bridget Anderson

Min 6/Max 15

**STRETCH & STRENGTH** (ages 15-adults)  
Wednesday 7:00pm-8:00pm **\$80.00**

January 11-March 22 (11 weeks)

**Location:** *The Brig/Viewridge Room*

**Register:** *Magnuson C.C.*

Come to this fabulous combination of pilates based abdominal work and yoga based stretching. When you leave this class, you should feel taller, relaxed, calm but empowered. Bring a sticky yoga mat.

Instructor: Chloe Davenport

Min 7/Max 16



## URBAN CYCLING PROGRAM

### Cascade Bicycle Club Education Foundation

The Cascade Bicycle Club Education Foundation offers low-cost clinics and courses for recreational cyclists, novice cyclists, commuters, and event riders. The Urban Cycling Techniques series focuses on tips and tricks for riding effectively on city streets and includes commuter, maintenance, and training clinics. These are taught by League of American Bicyclists-certified and Cascade-certified instructors.

**Location:** *Cascade Bike/Building 138  
7400 Sandpoint Way NE*

**Register:** see [www.cascade.org/education/classes.cfm](http://www.cascade.org/education/classes.cfm)  
Call 206-523-1952

or email [mj.kelly@cascadebicycleclub.org](mailto:mj.kelly@cascadebicycleclub.org)  
[carry@cascadebicycleclub.org](mailto:carry@cascadebicycleclub.org)  
[julies@cascadebicycleclub.org](mailto:julies@cascadebicycleclub.org)

*2006 classes begin in mid January. Pre-registration is required. \$5 member discount/\$5 late registration fee. For complete details, registration forms, member forms and additional classes and maintenance classes, check out our website.*

# ADULT PROGRAM



We provide coaching, classes and private lessons to help anyone enjoy cycling more. Classes are fun and informative. Let us help you find your inner Lance Armstrong! We are experts in cycling, and we love to share our passion for this great sport. Classes meet at the Training Center, building 138 at Magnuson Park. Helmets required for all classes and lessons (except indoor). Anyone under 18 must have guardian present to sign waiver. See website for times and dates.

**Location:** Bldg. 138

**Register:** Call 206-938-1091 or visit [www.CycleU.com](http://www.CycleU.com)

## **PRIVATE LESSONS**

\$75/hr for first hour, \$65 for all following hours in same session. Packages of 4 hours are \$240 (Cascade Bicycle Club members save 10%). First, we sit down and discuss your cycling goals, then give you one-on-one coaching and design workouts to take your cycling further. We make appointments every day of the week but Sundays. **YEAR ROUND**

## **IN-CYCLE**

### **INDOOR TRAINING FOR OUTDOOR RIDING**

\$15 each class, 4 classes for \$50, 8 classes for \$80  
Indoor riding with intervals and bikefit coaching that will help you have a strong season on the roads. This class will give you a great workout, plus teach you how to do intervals that will really help you prepare for a great season once the weather is good. You get a bikefit consultation with each class, plus you can ask the coach questions you need answers to. Great music, great riding while you watch race videos and emulate the masters. Great for any level rider. Arrive 15 minutes early to get your bike set up in a trainer. Towels, trainers and tunes provided! **FALL, WINTER**

### **INDOOR 10K TIME TRIALS**

#### **RACE OR FITNESS TEST**      \$5.00 EACH RACE

Raining? Want to get a great workout with other riders to push you to new heights? Bring your bike and dress light, because we have a race that everyone will finish, and learn how hard 6.2 miles really can be! The course is rolling, moderate hills of 3% and you will get your average wattage and finishing time to compare as your fitness improves. The results can be used to set your training zones, either heart rate or wattage, and is a great place to practice a good hard 15-20 minute race simulation. Arrive 30 minutes early to register, weigh in and warm up. We crank tunes and watch race videos while you race. E-mail for full details on what to bring and the exact procedure. **FALL, WINTER**



## **Seattle Raft & Kayak**

*Serving Greater Seattle with kayak and paddlesports instruction and exciting guided trips on lakes, salt water, and our gorgeous whitewater rivers. Providing boat rentals, a fully stocked retail store, and space to store your own kayak or canoe right here in Magnuson's North Shore Recreation Area, next door to Sail Sand Point.*

**Winter Hours, through 2/28: Wed. through Sun. 10am-5pm Starting 3/1: 7 days a week, 10am-6pm**

**Location:** North Shore/Magnuson Park, Building 11

**For class and kayak rentals and trips, contact**

[www.seattleraftandkayak.com](http://www.seattleraftandkayak.com) or

[info@seattleraftandkayak.com](mailto:info@seattleraftandkayak.com) or call 206-528-1700

## **OPEN POOL TIME**

### **FOR KAYAKERS & CANOEISTS**

**At Meadowbrook Pool, 10515 35<sup>th</sup> Avenue NE**

\$15 (\$10 for WKC members)

8:45pm-10:30pm every Monday night

Bring your own boat, or use one of ours—plenty of room, sea kayaks welcome! Practice your paddle strokes, roll, rescues, or just hang out and meet other paddlers. Other pool activities may make some schedules a little sketchy; always call or email us before coming.

## **WHITewater RAFT GUIDE SCHOOL**

**Six days on our amazing local rivers!**

\$399 plus shared food

March 19-24

Coincides with spring break for UW, Central and WWU. Learn the skills you'll need to guide happy guests down the best whitewater in the West! SRK's Tim Leary and Will Robens, long-time raft guides, will teach you everything from reading the river to shopping for guest meals, rescuing swimming guests to feeding them when they're warm and happy on the river bank. Based on weather and river levels, we will play each day's river location by ear. Count on the best six days of your life! Contact us for gear and clothing requirements. Some employment opportunities with SRK may be available for top students.

## **WILDERNESS FIRST AID**

At Seattle Raft and Kayak, and in the field at Magnuson

\$190 (register before Feb 20: \$175)

March 25-26, Friday and Saturday, all day

Sometimes we play too hard outdoors, and when we do, we're lucky to have a buddy with us who's been trained in how to care for us. After two days with your instructor from Wilderness Medicine Training Center ([www.wildmedcenter.com](http://www.wildmedcenter.com)), you'll be that buddy. Learn how to identify and deal with common and potentially serious conditions from dehydration to hypothermia. And you'll be a blood-stopping, bandaging, splinting expert, using resources at your disposal when you're far from a telephone or professional help. This course is a must for anyone who loves to share the outdoors with their friends. Do it safely!

# ADULT PROGRAM

## MAGNUSON NEIGHBORS' LUNCHTIME PADDLING CLUB

### At Seattle Raft and Kayak

\$200 per year

Paddle all you want, in any boat in our fleet, from 11:00am til 2:30pm weekdays, and get any rental any other time for half price. Club membership also earns you a ten percent discount in our retail shop. Please call for more information.

### INSTRUCTION

Kayak instruction is available any time; please contact us for more information. We provide all the boating gear AND a nice warm dry suit; you just show up wearing your layers of fleece and we'll take care of you!

### BOAT RENTAL RATES

Launch at SRK and paddle on Lake Washington: \$25 per person, any boat, just be back before we close. Takeaway rentals (per 24 hours): \$50 any single, \$85 any double.

### GUIDED TRIPS

Anything from a wild raft trip down the Skykomish River to a mellow self-guided trip on Lake Washington (we'll even pick you up at the other end), just contact us, take your pick and we'll get you on the water.

## ARTS

### FIGURE DRAWING WORKSHOP

(adults)

Tuesday 6:00pm-9:00pm

\$25.00

January 31-April 4 (10 weeks)

Plus supply/model fee (TBA) to class monitor

**Location:** *The Brig/Belvedere Terrace Room*

**Register:** *Magnuson C.C.*

For experienced artists. Draw and paint figures. Live model. Bring your own supplies. No instruction.

No instructor

Min 8/Max 12

**NEW!**

### LIFE DRAWING

(adults)

Saturday 11:00am-3:00pm

\$34.00

January 21-April 8 (10 weeks)

Plus model fee (TBA) to session facilitator

No session 2/25, 3/4

**Location:** *The Brig/Belvedere Terrace Room*

**Register:** *Magnuson C.C.*

For experienced artists. Easels only. Bring your own supplies and easel. Live model. No instruction.

No instructor

Min 8/Max 12

## NORTHWEST CRAFTS ALLIANCE

Northwest Crafts Alliance is a collective of artists working together to promote the arts. Our artists are young and old, emerging and established, working in all mediums and working collaboratively. If you are interested in building community arts programs, NWCA is always looking for partners to align with. Contact: 206 525-5926 or [www.nwcraftsalliance.com](http://www.nwcraftsalliance.com)

## SPECIAL INTEREST

### FIRST AID

(adults)

Saturday 12:30pm-4:30pm

\$34.00

January 7 (1 day)

March 18 (1 day)

**Location:** *Magnuson C.C./Windermere Room*

**Register:** *Red Cross Call 206 726-3534*

This course teaches how to respond to an emergency, proper techniques of controlling bleeding, and treatment for burns, poisonings and sudden illness. Call Red Cross to register.

### CPR

(adults)

Saturday 12:30pm-4:30pm

\$34.00

January 21 (1 day)

February 11 (1 day)

**Location:** *Magnuson C.C./Windermere Room*

**Register:** *Red Cross Call 206 726-3534*

This certification course teaches choke saving techniques, rescue breathing, & CPR for adult (ages 8 and up ) victims. It meets OSHA and WISHA guidelines. Call Red Cross to register.

## Plant Amnesty

Plant Amnesty is a non-profit educational organization with the mission to end the senseless torture and mutilation of trees and shrubs.

**Location:** *Magnuson Park/Bldg. 30*

**Register:** [www.plantamnesty.org](http://www.plantamnesty.org) or by mail to:

**Plant Amnesty**

**PO Box 15377**

**Seattle, WA 98115-0377 Call 206-783-9813**

The following classes/workshops are repeated annually, though not in set order. How to Prune and Renovate the Overgrown Garden; Difficult Plants to Prune (rhododendron, hydrangea, callicarpa, Viburnum Bodnantense, abelia); Pruning Art or Pruning Atrocity (the difference between bad pruning and pruning art such as topiary, pollarding, pleaching, espalier, Japanese cloud pruning, etc.); Rehabilitative Pruning for Previously Malpruned Plants; Trees I; Trees II; Shrub Pruning I & II: The Hackables, the Shearables, and the Untouchables (pruning butterfly bushes, lavatera, fuchsia, red twig dogwood, lavender, cistus, broom, witch hazel, double file viburnum, and winter sweet); Fruit Tree Pruning; Rose Pruning; Five Easy Plants to Prune (nandina, evergreen azalea, camellia, lilac, and yew); Vine Pruning; Tool Talk; Panel of Experts; Japanese Garden Pruning.



# ADULT/SENIOR PROGRAM

## MESA

### Magnuson Environmental Stewardship Alliance

#### Promontory Point Habitat Enhancement Project

Work at Promontory Point has been underway since July 1999. Volunteers are needed for ongoing tasks to restore and maintain the natural setting and for special projects. MESA works throughout the year at the site, installing native plants and removing non-native ones. Work parties meet regularly on the second Sundays and third Thursdays at the Promontory Point Education Pavilion. Parties start at 10:00am. Tools and gloves are available. For groups of five or more, MESA will make special arrangements. Contact: Bonnie Miller, MESA-Promontory Point Volunteer Coordinator, e-mail Bmiller@serv.net



### CIRCUS CONTRAPTION

Location: Building 67

Contact [www.trapezius.net](http://www.trapezius.net) or call 206-235-2720

**AERIAL LESSONS** Drop-in. All levels of fitness and experience. 18 years and over. Mondays 6:00pm-8:00pm. \$20 drop-in per session/\$17.50 ongoing classes. Wear leggings and a tuck-in T-shirt.

## Canine Behavior Center, Inc.

Canine Behavior Center was founded over 30 years ago and is a pioneer in the field of canine behavior problem solving. Using a positive approach, we encourage the dogs in developing a sense of self control. Our focus is aimed at teaching the owners how to effectively communicate with their canine companions.

### BASIC DOG OBEDIENCE TRAINING

(adults/14 week puppies to adult dogs)

Thursday 6:00pm or 7:15pm

Classes on going (9 weeks)

Location: The Brig/Garden Room

Register: 206-367-8071/[www.caninebehaviorcenter.com](http://www.caninebehaviorcenter.com)

Dogs will learn all the basic obedience commands including sit, stay, come, heel, down, stand, and leave-it. A two hour behavior problem-solving seminar is included.

Instructor: Jeanette Fix



## Seattle Parks & Recreation

### SENIOR ADULT PROGRAMS At MAGNUSON COMMUNITY CENTER

Jayla McGill, Recreation Specialist

#### REGISTRATION STARTS DECEMBER 19

**Winter Quarter Dates: January 3-March 17**

*All class registrations will take place by mail using the form in this brochure. State the site/class/date you are paying for with your check and make it payable to "SAAC". Send to Senior Adult Programs, 8061 Densmore Ave. N Seattle, Wa 98103 attn: Jayla. DO NOT REGISTER FOR TRIPS BY MAIL; THEY ARE PHONE IN ONLY.*

**Call Jayla at (206) 386-9106.**

**e-mail: [jayla.mcgill@seattle.gov](mailto:jayla.mcgill@seattle.gov)**

### SENIOR AEROBICS

(seniors)

Monday 9:30am-10:30am

\$20.00

Wednesday 9:30am-10:30am

\$20.00

January 4-March 20 (11 weeks)

No class 1/16, 2/20

Location: Magnuson C. C./Gym

Register: Senior Adult Programs

Put a swing in your step and a smile on your face! Join a certified instructor for dancing and exercise!

Instructor: Lisa Haynes

### ENHANCE FITNESS

(seniors)

Tuesday 9:00am-10:00am

\$20.00

Thursday 9:00am-10:00am

\$20.00

January 3-March 16 (11 weeks)

No class 2/23

Location: The Brig/Viewridge Room

Register: Senior Adult Programs

Aerobic fitness designed just for seniors; low impact exercise, strength and balance work.

Instructor: C Kriofske, certified

### PICKLEBALL -Beginning

(seniors)

Tuesday 11:00am-1:00pm

\$1.00 drop-in (55 & older)

\$2.00 drop-in (under 55)

January 3-March 28 (13 weeks)

Location: Magnuson C.C./Gym

Register: Senior Adult Programs...call (206) 386-9106

A fun, easy to learn sport. New games must begin at least 10 minutes before the time ends, no later. Please pre-register by calling (206) 386-9106.



# SENIOR PROGRAM/GENERAL INFORMATION

**YOGA & MEDITATION** (seniors)  
 Tuesday 10:15 am-11:15am \$25.00  
 January 3-March 14 (11 weeks)  
**Location:** *The Brig/Viewridge Room*  
**Register:** *Senior Adult Programs*  
 Gentle stretching to keep limber and build muscles. All skill/fitness levels.  
 Instructor: TBA

**TAI CHI ( Wu Style )** (seniors)  
 Friday 11:45am-12:45pm \$25.00  
 January 6-March 17 (9 weeks)  
 Friday 1:00pm-2:00pm (Intermediate) \$25.00  
 January 6-March 17 (9 weeks)  
 No class 2/24, 3/3  
**Location:** *The Brig/Viewridge Room*  
**Register:** *Senior Adult Programs*  
 Fall prevention strategies, improved circulation, slow, gentle, short movements.  
 Instructor: J. Proebstel

**LINE DANCING** (seniors)  
 Friday 9:30am-10:30am \$20.00  
 January 6-March 17 (9 weeks)  
 No class 2/24, 3/3  
**Location:** *The Brig/Viewridge Room*  
**Register:** *Senior Adult Programs*  
 Get out on that dance floor and move to the music!  
 Great for body & soul! No experience/partner needed.  
 Instructor: Jayla McGill

**DROP-IN BRIDGE** (seniors)  
 Thursday 9:45am-12:00pm Free  
 December 15-April 6 (16 weeks)  
 No session 2/23  
**Location:** *The Brig/Hawthorne Hills Room*



**DROP-IN CARDS** (seniors)  
 Friday 10:30am-12:00pm Free  
 January 6-April 7 (12 weeks)  
 No session 2/24, 3/3  
**Location:** *The Brig/Hawthorne Hills Room*

## NORTHEAST TRIPS

Affordable day outings to local travel destinations are offered weekly by Senior Adult Programs, with van departures from Magnuson. Call Jayla at 206-386-9106 to register. Some trips may have additional fees for admissions, etc.

**ALLURING LA CONNOR** \$8.00  
 Mon, Jan. 9 9:00am-5:00pm Reg. Dec. 30

**SILENT MOVIE SUNDAY AT THE PARAMOUNT** \$3.50  
 Sun, Jan. 22 Time TBA Reg. Jan. 6

**NUNSENSE II-THE SECOND COMING** \$4.50  
 Sun, Feb 5 12:00pm-6:00pm Reg. Jan. 13

**VALENTINE'S DAY/THE STRATFORD AT MAPLE LEAF** \$3.50  
 Tue, Feb. 14 11:15am-2:00pm Reg. Jan. 27

**MIDWEEK AT THE MUSEUMS** \$8.00  
 Wed, Feb. 22 9:00am-4:00pm Reg. Feb. 3

**CONNOISSEUR'S LUNCHEON** \$4.50  
 Thur, Mar. 2 11:00am-2:00pm Reg. Feb. 10

**ANGEL OF THE WINDS** \$8.00  
 Mon, Mar. 6 9:00am-3:00pm Reg. Feb. 17

**ROSANGELA RECOMMENDS** \$6.50  
 Wed, Mar. 15 10:00am-3:00pm Reg. Feb. 24



**"GONE WITH THE WIND" on the BIG SCREEN at Magnuson! Friday 2/24 12:00pm** See page 3 for complete listing of classic movies coming to Magnuson!

## GENERAL INFORMATION

### Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact us at 684-7026.

### Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

### Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

### More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks), or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

### Scholarships

Magnuson Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

# GENERAL INFORMATION

## Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to City of Seattle. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

## Fees and charges

Magnuson Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. Class and program fees include Washington State sales tax where applicable.

## Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability at 684-7026.

## Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

**Anyone** who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.

**Anyone** who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service/deposit charge.

**Anyone** who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.

Please read the entire policy, #7.16, for specific information.

## Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

## Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

## RENTAL INFORMATION MAGNUSON PARK

Whether you are looking for a small, cozy room for your family party or a large industrial space for an industrial trade show, Magnuson Park has something for you. To find a space for any event, give our special events office a call at 233-7892.

## IMPORTANT NUMBERS

### RECREATION SERVICES

#### COMMUNITY CENTERS

ALKI	684-7430
BALLARD	684-4093
BITTER LAKE	684-7524
DELRIDGE	684-7423
GARFIELD	684-4788
GREEN LAKE	684-0780
HIAWATHA	684-7441
HIGH POINT	684-7422
INTERNATIONAL DISTRICT	233-0042
JEFFERSON	684-7481
LANGSTON HUGHES	684-4757
LAURELHURST	684-7529
LAURELHURST GYM	684-7531
LOYAL HEIGHTS	684-4052
MAGNOLIA	386-4235
MAGNUSON	684-7026
MEADOWBROOK	684-7522
MILLER	684-4753
MONTLAKE	684-4736
QUEEN ANNE	386-4240
RAINIER	386-1919
RAINIER BEACH	386-1925
RAVENNA-ECKSTEIN	684-7534
SOUTH PARK	684-7451
SOUTHWEST	684-7438
VAN ASSELT	386-1921
YESLER	386-1245

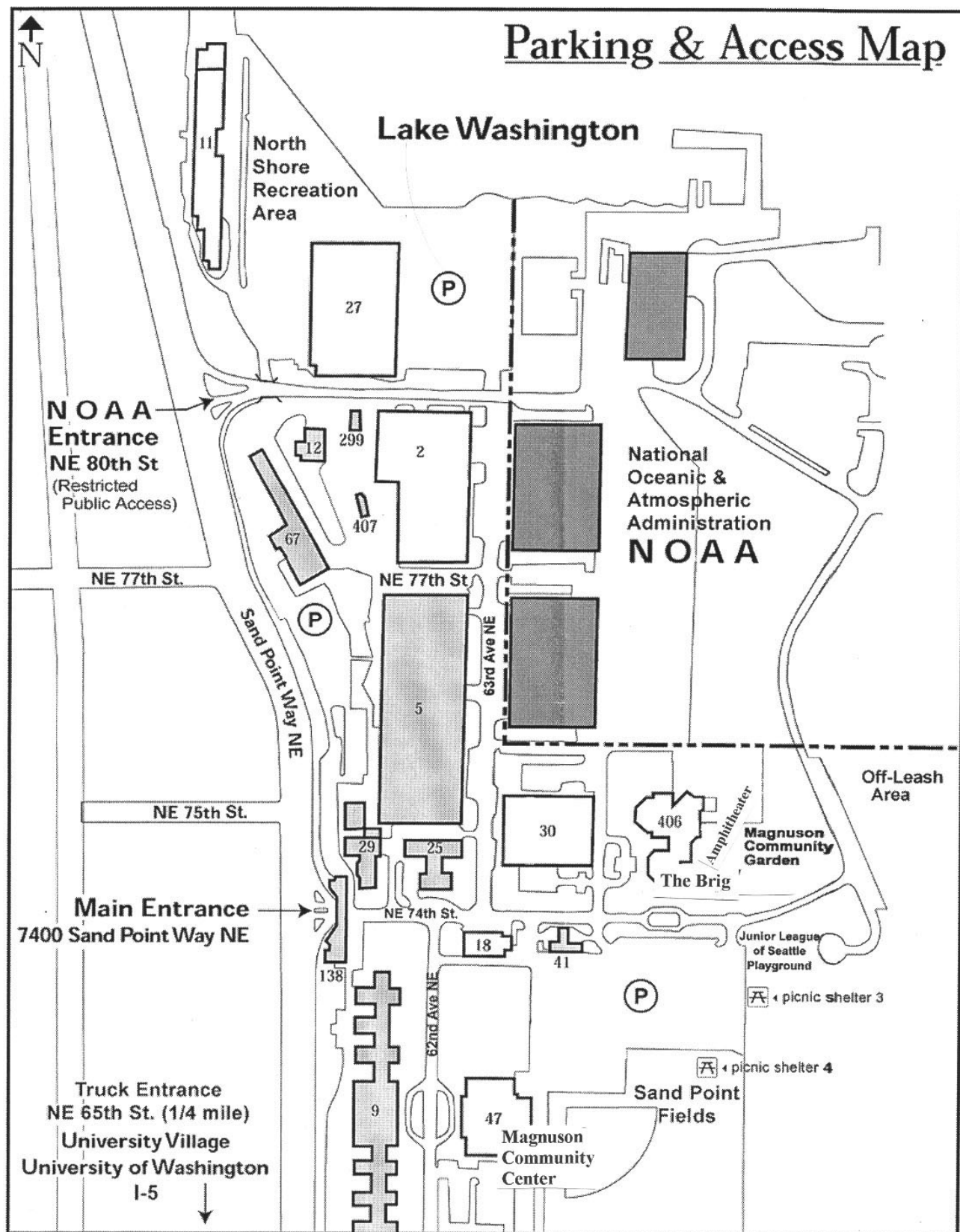
#### SWIMMING POOLS

BALLARD	684-4094
EVANS	684-4961
HELENE MADISON	684-4979
MEADOWBROOK	684-4989
MEDGAR EVERS	684-4766
QUEEN ANNE	386-4282
RAINIER BEACH	386-1944
SOUTHWEST	684-7440

#### OTHER DEPARTMENTS

SEATTLE AQUARIUM	386-4320
WOODLAND PARK ZOO	684-4800
SENIOR ADULT	684-4951
SPECIAL POPULATIONS	684-4950
LATE NIGHT & TEENS	684-7136
SPORTS CITYWIDE ADULTS	684-7092





# SEATTLE PARKS & RECREATION PROGRAM REGISTRATION FORM

in partnership with the Associated Recreation Council

This form is for NON-Day Camp programs only. Ask recreation staff for day camp registration forms as needed.



SEATTLE PARKS  
AND RECREATION

## Registration Procedures:

1. Please complete registration form entirely.
2. Payment **MUST** accompany registration.

## Family Information: (Please complete for the **adult** who is financially responsible for the **family account**.)

(ADULT) Name: \_\_\_\_\_ Sex: Male Female  
Last First MI (Circle One)

(ADULT) Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Email Address: \_\_\_\_\_  
mm/dd/yyyy

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone - eve: (\_\_\_\_) \_\_\_\_\_ day: (\_\_\_\_) \_\_\_\_\_ other: (\_\_\_\_) \_\_\_\_\_

Family Emergency Contact: \_\_\_\_\_  
Name Phone Relation

☐ PARTICIPANT info differs from above. How does it differ? \_\_\_\_\_

PARTICIPANT (please print full name)	M/F	BIRTHDATE (mm/dd/yyyy)	COURSE TITLE (Non-Day Camp Activities ONLY)	1 <sup>ST</sup> CHOICE		ALTERNATE		AMOUNT	Staff Use Only
				DATE(S)	START TIME	DATE(S)	START TIME		
								\$	
								\$	
								\$	
								\$	
TOTAL								\$	

\*Acceptance of this request does not guarantee enrollment into a class (see back for more information).

## How would you like to pay?

Person making payment \_\_\_\_\_  
(required for proper refunding)

Please make check to:  
City of Seattle

PLEASE INCLUDE  
PAYMENT

☐ Cash (Please do not send cash through the mail.)

☐ Check or Money Order # \_\_\_\_\_

☐ Visa ☐ Mastercard ☐ American Express

Card #: \_\_\_\_\_ Expires: \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_

Signature: \_\_\_\_\_

For  
mail-  
in  
only

Staff Use Only

Authorization (Ref) #: \_\_\_\_\_

Mail to:  
Magnuson Community Center  
7110 62<sup>nd</sup> Ave. NE  
Seattle, WA 98115

**ASSUMPTION OF RISK AND RELEASE:** I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Please retain the customer copy (pink) for your records.

DISTRIBUTION: **Original:** Retained on-site **Yellow:** ARC **Pink:** Customer

For Office Use Only:

D-30 (04/03)